



American Stroke Association®
A division of the American Heart Association.

Together to End Stroke®

B.E. F.A.S.T. is how we come *together* to end stroke®

Learn the stroke warnings signs

B.E. F.A.S.T.

Balance
Loss

Eye (Vision)
Changes

Face
Drooping

Arm
Weakness

Speech
Difficulty

Time to
Call EMS

Stroke is one of the leading causes of death and disability around the world.

It could happen on your street, at your workplace, or in a store where you shop — anywhere. Knowing how to recognize the warning signs and acting quickly can save a life and help prevent long-term disability.

Calling emergency medical services (EMS) is the fastest way to get stroke care. EMS can begin treatment immediately and alert the hospital stroke team before you arrive. That's why it's so important to learn the stroke warning signs and urge everyone you know to do the same.

The faster stroke is treated, the more likely the patient is to recover.

In fact, stroke patients who are treated with a clot-busting drug IV r-tPA Alteplase or Tenecteplase (TNK) within 4.5 hours of their first symptoms were more likely to recover with little or no disability.

In some cases, a procedure to remove the clot causing the stroke is also recommended. Ninety-one percent of stroke patients who were treated with a stent retriever within 150 minutes of first symptoms recovered with little or no disability.

The thing to remember is that stroke is largely treatable. It's a matter of getting the right treatment, right away.

stroke.org