

# Advanced Cardiovascular Life Support

## ACLS for MENA\*

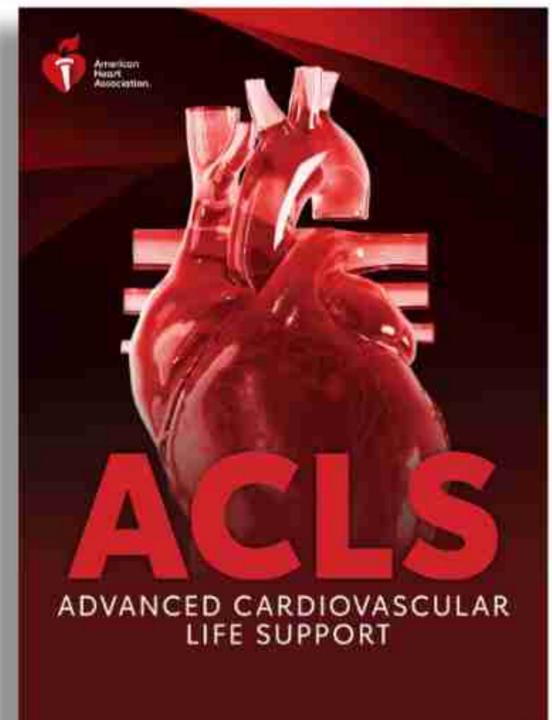


2025  
CPR  
& ECC  
GUIDELINES

The American Heart Association's Advanced Cardiovascular Life Support (ACLS) for MENA (Middle East & North Africa) Provider Course has been updated to reflect new science in the *2025 American Heart Association Guidelines for CPR and Emergency Cardiovascular Care (ECC)*, the *2025 Guideline for the Management of Patients With Acute Coronary Syndromes (ACS)*, and the *2026 Guideline for the Early Management of Patients with Acute Ischemic Stroke: A Guideline From the American Heart Association/American Stroke Association*. The ACLS for MENA Course teaches the importance of preventing cardiac arrest, high-performance teams, continuous high-quality CPR, systems of care, recognition and intervention of cardiopulmonary arrest, post-cardiac arrest care, acute dysrhythmias, stroke, and ACS.

### 2025 UPDATES

- All course videos have been updated with new and revised graphics and animations
- Instructor and Provider Manuals have been updated with new and revised illustrations, updated checklists, and updated agendas
- Instructor materials have a strong emphasis on objective testing that includes measuring and reporting chest compression fraction (CCF)
- New Drowning topic under Special Circumstances in the ACLS Provider Manual
- New 2025 science for Post-Cardiac Arrest Care, ACS, and Airway Management topics



### WHO SHOULD TAKE THE COURSE?

Healthcare professionals who direct or manage cardiac arrest, stroke, or other cardiopulmonary emergencies; personnel in emergency response, emergency medicine, intensive care, and critical care units such as physicians, nurses, and paramedics.

### COURSE DELIVERY

Three different course formats are available to accommodate the learning needs of individual students and offer flexibility for Instructors. All three course formats include the same learning objectives and result in the same course completion card.



#### Instructor-led training (ILT)

This option is led by an American Heart Association Instructor in a classroom. The ACLS ILT course option includes Video Prework (8 interactive video lessons with knowledge checks) that students must complete before attending class. Full and Update Course agendas remain available.



#### Blended learning (HeartCode® ACLS for MENA)

Blended learning uses online technology not only to supplement but also to transform and improve the learning process. After successfully passing HeartCode® Online, students will receive a Certificate of Completion. Students must then attend an in-person skills testing session where they will receive a Provider eCard upon successful completion, valid for 2 years.



#### Resuscitation Quality Improvement® (RQI®)

A unique ECC program designed specifically for training actively employed healthcare providers in clinical environments. Unlike the Instructor-led and/or blended course, the RQI program is a maintenance-of-competence platform designed for site-specific adoptions.

\*The ACLS for MENA course is designed for healthcare providers based in the Middle East & North Africa who need ACLS training for their clinical duties. This course covers the full ACLS curriculum, with adaptations that account for cultural sensitivities.

For more information, visit [international.heart.org](https://international.heart.org) or contact your regional AHA office.

