

Quick Reference Guide for HeartCode® PALS Blended Learning

Maximize course flexibility to accommodate scheduling and meet different students' learning needs

Visit International.heart.org



Online Portion: Tips for Students

- Watch the tutorials provided in the online course.
- Complete a few modules at a time.
- Complete full modules before stopping the program to save progress.
- Take advantage of the continuously adapting learning path by rating the self-reported confidence level as accurately as possible.

Students may access all materials included in the online portion of the HeartCode® course for 24 months following initial activation of their course.



Hands-on Session: Tips for Instructors

- The student-to-instructor ratio is variable with a maximum of 6 students to 1 instructor.
- It is recommended that a minimum ratio for the best student experience is 3 students to 1 instructor.
- As always, refer to the PALS Lesson Plans for guidance.



Agendas May Be Separated into Shorter Sessions



5 HOURS

HeartCode® PALS with
Optional Lessons

| | | |
|---------------------|--|--------------------------|
| Course Introduction | | 5 minutes |
| PALS 1A | Testing Station: Child High-Quality BLS Test | 30 minutes |
| PALS 1B | Testing Station: Infant High-Quality BLS Test | 30 minutes |
| PALS 1C | Learning/Testing Station: Child and Infant Choking (Optional) | 20 minutes |
| PALS 2A | Learning Station: Airway Management | 20 minutes |
| PALS 2B | Learning Station: Vascular Access | 20 minutes |
| PALS 2C | Learning Station: Rhythm Disturbances/ Electrical Therapy | 20 minutes |
| PALS 3 | Learning Station: Coping With Death (Optional) | 20 minutes |
| PALS 4 | Case Scenario Practice With Simulations 2 case scenarios | 25 minutes / scenario |
| PALS 5 | Case Scenario Testing 2 case scenarios | 25 minutes / scenario |

HeartCode® PALS without
Optional Lessons



4 HOURS 5 MINUTES

| | | |
|---------------------|---|-----------------------|
| Course Introduction | | 5 minutes |
| PALS 1A | Testing Station: Child High-Quality BLS Test | 30 minutes |
| PALS 1B | Testing Station: Infant High-Quality BLS Test | 30 minutes |
| PALS 2A | Learning Station: Airway Management | 20 minutes |
| PALS 2B | Learning Station: Vascular Access | 20 minutes |
| PALS 2C | Learning Station: Rhythm Disturbances/Electrical Therapy | 20 minutes |
| PALS 4 | Case Scenario Practice With Simulations 2 case scenarios | 25 minutes / scenario |
| PALS 5 | Case Scenario Testing 2 case scenarios | 25 minutes / scenario |
| | Class Ends/Remediation | variable |

All times are approximate See Lesson Plans in the PALS Instructor Manual.

Access Additional information for Instructors on Atlas.heart.org

For ITCs within Europe: contact EURegion@heart.org for more information